

## Your Lifestyle Can Get an Upgrade Focus on Work, Health, Service & Routines August 17-23, 2019

### This Week's General Astrology Forecast.



The week starts off with the Moon in Pisces. It can be a dreamy day when opportunities beckon.

Mars is about to slip into Virgo late in the day at

10:19pm PT. You can get fired up about paying attention to the details necessary to birth your dreams into reality through the month of September.

Change is in the air this week as three of your personal planets ingress into the sign of Virgo. Your focus shifts from fun, vacations, romance and returns on your investments to paying attention to the details for manifesting your hopes, dreams and wishes. It's that time of year when health, being of service, charity work and the daily routines of home, work and family are uppermost on your mind.

Find out more in today's AER.

**BEST MONEY DAYS** this week are August 17, 21.



Best Money Days are days when the collective celestial events bring greater than usual opportunities. This may not translate into direct and immediate cash in your pocket, but potential for increase in your future prospects. Of course when these days are talking harmoniously with your personal stars

the increase multiplies exponentially.

**Find out more in today's Astro Energy Report (AER).**

Be sure to check out the Best Essential Oils to use this week, Void of Course Moon Phases and Meaning of the 12 Houses and degrees (below). Looking up what house planets are activated helps you have greater insight about where things are happening in your life and how they may affect you.

**WORLD CLOCK TIME ZONE CONVERTER** find out what time celestial events are happening in your part of the world.

## **BEST ESSENTIAL OILS**

Best oils to use this week are the earthy oils that ground and support you.

Use oils that will help you to stay relaxed, yet focused, on the nitty gritty details required to fulfill your day to day routines, as well as follow through and complete any outstanding work projects.



I recommend the essential oil:

**Patchouli**  
**(Pogostemon cablin)**

**Aromas:** Earthy, sweet, resinous, woody, exotic and sensual, warm and radiant

Promotes a relaxing and grounding effect. One of the most grounding and relaxing oils in aromatherapy

Aphrodisiac properties promote feelings of sexual attractiveness and sex appeal

Great attraction oil

Helpful for manifesting desired results

Contains mild sedative properties

## Astro Energy Report Highlights



All dates are at exact peak of intensity when energies begin to culminate and wane. You may actually feel the energies several hours or even days or weeks (in the case of eclipses) before the Celestial Peak, Crest of the Wave, so to speak. If you have personal planets or points within 1-2° orb of an aspect that's occurring between planets then you will feel that celestial event more strongly.

**August 17** - Mars ingresses into Virgo (6th house), exactly at 10:19pm PT. Through the month of September you can accomplish a great deal, especially in all matters related to the 6th house (work, health and service). Your energy will be laser focused on getting all the details right. Mars remains in Virgo until October 3rd.

**August 21** - Venus ingresses into the sign of Virgo (6th house), exactly at 2:07am PT. The Virgo cycle of the zodiac always brings harvest, especially in the area of your life where Venus (your personal love interests) is transiting, or collectively that would be 6th house matters. Venus is said to be in her fall in Virgo, not functioning at her best. All the picky details can slow her down for exuding her usual personal magnetism. However, while in Virgo Venus is Trine to Taurus (one of the signs she rules), so if the details are boring you look on the bright side of things. In other words, focus on the pleasures that completing all the tasks before you will bring you down the road. Venus will remain in Virgo until September 14th.

**Today also,** Mercury at 14° 48' Leo (5th house) Trines Jupiter (now direct) in Sagittarius (9th house), exact at 3:05am PT. This can be a really fun day when your mind feels open and expansive. You may be planning, or taking an adventure, the more foreign the destination the better. Great day for fun, romance, adventure, playtime with friends, investing in a new 'toy' you've been wanting. It's a day to dream big and allow your mind to roam.

**August 23** - the Sun ingresses into Virgo (6th house), exactly at 3:02am PT. You now have three of your personal planets in Virgo. You may feel instinctively to embody more of the characteristics of Virgo during the Sun's transit of Virgo. Use this time to get things into shape in your life and most especially with your physical health and the needs of your body. It's a great time for your yearly annual physical exam, or to start/upgrade your current exercise and diet routine. The Sun will remain in Virgo until September 23rd.

**Today also,** we have the Last Quarter Waning Moon at 0° 12' Gemini, exact at 7:56am PT. Besides being Square the Sun, the Quarter Waning Moon is also Square to Venus and Mars. It's time to quit procrastinating and get to work. If lethargy has been a problem this day can bring a breakthrough in your energies, helping you to get focused and take action. Completing the current Leo cycle can be uppermost and drive you now to let go and move forward. The celestial forces are intent upon preparing you to make the most of the Virgo New Moon occurring in one week's time on August 30th. The season is fast closing down in preparation for the Equinox in one month's time on September 23rd.

**Synopsis for the week:** Since the Cross Quarter the energies have been shifting. You're instinctively feeling to complete unfinished projects. As your personal planets shift into Virgo this week you're

given a boost to help you tidy up any loose ends. There can be a feeling of urgency to get on top of things that you've maybe procrastinated on. You're preparing the soil for a New Moon cycle in Virgo on August 30th. Virgo is mutable and friendly energy though sometimes tiresome with so much focus on attention to detail. September can be a great month for relaxation and taking a vacation. Get any outstanding details sorted out and then take time for rest and relaxation, around mid-September would be great!

Well, there you have the key Astro Energy Highlights I see happening for you this week. Thanks so much for being here and being part of our community!

Be sure to check out the Void of Course Moon Phases for the week and Meaning of the 12 Houses for greater insights.

Until next time...relax, enjoy your life and stay connected.  
XOLove -KG

## **VOID OF COURSE MOON PERIODS**



**The moon represents your emotional needs.** Your emotions fluctuate with the moon as it moves through its 28-day cycle around the zodiac from new moon to full and back to new. Notice how the moon's placement in the zodiac affects your mood and emotions. Essential oils can help stabilize your mind and emotions. Generally earthy scents have the most harmonizing and stabilizing effect on the emotions.

**Void of Course Moon periods are great for** taking it easy and going with the flow of events and completing projects. During Void of Course Moons your emotional body is going through a period of processing and integrating your recent experiences. You naturally clear out your emotions during these periods. Doing things that helps with this natural process are especially helpful now, i.e. relaxation, yoga, movement, hot baths with sea salts and essential oils, focused breathing.

**Void of Course Moon Phases** are not good for starting new projects, or launching new ventures, or having meetings (if you want to achieve anything), or signing contracts and making agreements as it's less likely anything will come of any agreement, or it will be sluggish and slow to start.

**For your New and Full Moon Rituals** make sure the Moon is not Void of Course and in aspect to another celestial body when doing your ritual for best results.

1. August 17th we have a 18 hour Void of Course Moon at 3:34pm PT until 9:33am PT on August 18th when the Pisces Moon enters the sign of Aries.
2. August 20th we have an 31minute Void of Course Moon from 9:06pm PT until 9:37pm PT when the Aries Moon enters the sign of Taurus.
3. August 22nd we have 17 hour Void of Course Moon from 2:32pm PT until 7:34am PT on August 23rd when the Taurus Moon enters the sign of Gemini.

## MEANING OF THE 12 HOUSES



Look to where a planet is located in your own astrology chart to find out what area of your life things are happening. If you don't know what area a planet is located in your natal chart look to find what house it rules for insights about how it might affect you.

### **GENERALLY the degrees in each house represent:**

- 1-9° Formative Development
- 10-19° Integration life lessons
- 20-29° Lessons in Mastery

**1st house (ruled by Aries/Mars)** – physical persona, personality, how others see you

- 1-9° Physical Body
- 10-19° Self
- 20-29 ° Early Environment

**2nd house (ruled by Taurus/Venus)** – personal possessions, self worth, net worth

- 1-9° Money
- 10-19° Possessions
- 20-29° Earning ability

**3rd house (ruled by Gemini/Mercury)** – communication, neighborhood, siblings

- 1-9° Brothers
- 10-19° Sisters
- 20-29° Short journeys & Communication

**4th house (ruled by Cancer/Moon)** – home, family, early childhood, roots, emotional conditioning

1-9° Home

10-19° Support

20-29° End of life

**5th house (ruled by Leo/Sun)** – children, creativity, fun, romance, investments

1-9° Social life

10-19° Pleasure

20-29° Children

**6th house (ruled by Virgo/Mercury)** – health, service, work, habits, routines, lifestyle

1-9° Work

10-19° Service

20-29° Health

**7th house (ruled by Libra/Venus)** – relationships, contacts, agreements

1-9° Open opposition

10-19° Public relations

20-29° Partnerships

**8th house (ruled by Scorpio/Mars (old ruler)/Pluto (new ruler))** – death, rebirth, inheritance, how others value you, depth psychology, dreams

1-9° Taxes & Debt

10-19° Regeneration

20-29° Death

**9th house (ruled by Sagittarius/Jupiter)** – higher education, foreign travel, self discovery, philosophy & religion, publishing

1-9° Higher Education

10-19° Law

20-29° Long trips

**10th house (ruled by Capricorn/Saturn)** – career, vocation, titles, marriage, awards, recognition

1-9° Authority

10-19° Profession

20-29° Status

**11th house (ruled by Aquarius/Saturn (old ruler)/Uranus (new ruler))** – group associations, friendship, community, rainbow bridge, humanitarianism

1-9° Friends

10-19° Hopes

20-29° Dreams & Wishes

**12th house (ruled by Pisces/Jupiter (old ruler)/Neptune (new ruler))** – collective unconscious, hospitals, mental institutions, unconscious mind, karmic patterns, family lineage, emotional memories, solitude, retreats

1-9° Limitations

10-19° Secret Opposition

20-29° Self Undoing